

# Canine Rehabilitation & Sports Therapy

January 28<sup>th</sup> - February 1<sup>st</sup> 2017  
Canberra, ACT



# EXCLUSIVE LEARNING OPPORTUNITY

Develop skills in clinical assessment, goal-setting, treatment planning and outcome measurement in canine rehabilitation from a physical therapy perspective. This case-based course highlights orthopedic conditions and injuries involving the extremities and the spine. Practical applications of joint mobilization, modalities and therapeutic exercise are covered. Participants get hands-on experience with dogs on site. The business of canine rehabilitation is discussed as well as pertinent legal and ethical issues. This course will also cover canine neurological rehabilitation. Students get hands-on experience with dogs on site as they review how to perform a neurologic exam and apply neurophysiological facilitation techniques. Developing goal-focused treatment plans and assessing outcomes in canine neuro-rehabilitation patients are also covered.

**Prerequisites:** Participants must have completed the Introduction to Canine Rehabilitation Workshop to qualify for this level of training.

## CPD VALUE

65 points

## EDUCATION TEAM

Judy Coates, M.Ed, MSPT, CCRT  
Sasha A. Foster, MSPT, CCRT  
Ellen Martens, PT, MT, CCRT

## DATE

January 28th – February 1st, 2017

## LOCATION

South Canberra, ACT, Australia

## COURSE FEE

\$5450+GST before January 2nd  
\$6000+GST after Jan 2nd

Register before January 2nd to receive a free copy of "The Healthy Way to Stretch Your Dog: A Physical Therapy Approach"

## CONTACT ILANA FOR FURTHER DETAILS

✉ [info@vetprac.com](mailto:info@vetprac.com)

☎ 0414 581 600



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# SCHEDULE

## DAY 1

|       |   |       |  |
|-------|---|-------|--|
| 8:00  | Registrations                                       | 12:30 | Lunch  |
| 8:15  | Introductions                                       | 13:15 | Lab 1: Front Leg Boney and Soft Tissue Anatomy |
| 9:00  | Introduction to the Canine Rehabilitation Therapist | 14:15 | PROM/End Feel/Goniometry – Front Leg           |
| 9:45  | Posture   | 15:15 | Afternoon Tea                                  |
| 10:30 | Morning Tea   | 15:30 | Lab 2-3: PROM/End Feel/Goniometry – Front Leg  |
| 10:45 | Function  |       | Lab 2-3: Flexibility – Front Leg               |
| 11:15 | Strength  | 16:30 | Problem List/Assessments                       |
| 11:45 | Gait  | 17:30 | Day End  |

## DAY 2

|       |   |       |  |
|-------|---|-------|--|
| 8:30  | Questions   | 13:45 | Soft Tissue Assessment                                       |
| 8:45  | Joint Play/Special Tests                                  | 14:30 | Lab 4-5: PROM/End Feel/Flexibility HL/Soft Tissue Assessment |
| 9:45  | Morning Tea   | 13:30 | Afternoon Tea  |
| 10:00 | Lab 1-2 Joint Play – Front Limb                           | 15:45 | Lab 6-7: Joint Play – Hind Leg/ Clear Lumbar Spine           |
|       | Lab 1-2: Special Test/Clearing the Spine – Front Leg      | 17:15 | Hind Limb Case Studies (small group problem list/assessment) |
| 11:30 | Front Limb Cases<br>(large group problem list/assessment) | 18:15 | Finish   |
| 12:15 | Lab 3: Hind Leg Boney and Soft Tissue Anatomy             |       |  |
| 13:15 | Lunch   |       |  |

## DAY 3

|       |  |       |                                |
|-------|--|-------|--------------------------------|
| 8:00  | Questions  | 12:45 | Lunch                          |
| 8:15  | Lab 1: C Spine Assessment                              | 1:30  | Neurological Evaluation        |
| 9:15  | C Spine Cases<br>(small group problem list/Assessment) | 14:00 | Lab 4: Neurological Evaluation |
| 10:15 | Morning Tea  | 14:45 | Intro to Treatment             |
| 10:30 | Lab 2-3: T-L Spine Assessment                          | 15:45 | Modalities Review              |
|       | Lab 2-3: Pelvis/Tail Assessment                        | 16:15 | Lab 5: Modalities              |
| 11:45 | T-L Pelvis Case Studies<br>(Problem List/Assessment)   | 17:15 | Neurological Treatment         |
|       |  | 18:30 | Lab 6: Neurological Treatment  |

## DAY 4

8:15 Questions  
8:30 Joint Mobilization Treatment -- Front Leg  
9:30 Lab 1-2: Joint Mobilization –  
Front Leg and Hind Leg  
10:30 Morning Tea  
10:45 Soft Tissue Mobilization /Flexibility Treatments  
11:45 Lab 3-4: Soft Tissue Mobilization and  
Stretching Treatments  
12:15 Lunch

13:15 Lab 5-6: Joint Mobilization –  
C Spine/T, L, S and Pelvis  
14:45 Afternoon Tea  
15:00 Therapeutic Exercise  
16:00 Lab 7: Therapeutic Exercise  
17:30 Day End

## DAY 5

8:30 Questions  
9:00 Lab 1: Therapeutic Exercise  
10:30 Morning Tea  
10:45 Lab 2: Case Study 1  
13:15 Lunch  
14:00 Lab 3: Case Study 2  
16:00 Lab 4: Case Study 3  
18:00 Day End

- **5 DAYS**
- **NOTES PROVIDED**
- **WORLD LEADING EDUCATORS**
- **GET ACCREDITED**
- **SOCIAL DINNERS**
- **SMALL GROUPS**



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# EDUCATORS

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## JUDY COATES

M.Ed, MSPT, CCRT

Judy Coates is a 1986 graduate of Boston University's master's program in physical therapy. In her human practice, she specialized in orthopedic and sports physical therapy with particular interest in manual therapy and biomechanics. As an associate professor of physical therapy at Boston University, Judy taught Evaluation of Orthopedic and Sports Conditions, Treatment of Orthopedic and Sports Conditions and Joint Mobilization of the Spine and Peripheral Joints. She conducted research at the National Institutes of Health, investigating the biomechanics of gait. In 2006 Judy completed her certification at the Canine Rehabilitation Institute. She founded her rehabilitation practice, Coates Canine Physical Therapy, in 2007. She has been on faculty at CRI since 2009 teaching Introduction to Canine Rehabilitation, The Canine Rehabilitation Therapist, and The Multimodal Approach to the Geriatric Canine Patient. Judy is a contributing author to Canine Sports Medicine and Rehabilitation (Wiley-Blackwell 2013).

## SASHA A. FOSTER

MS Physical Therapy,  
CCRT

Sasha A. Foster's professional mission is to provide rehabilitation therapists with evidence-based evaluation/treatment techniques and profitable business models to promote the growth and development of the profession of rehabilitation into a highly skilled discipline. Evidence-based evaluation and treatment techniques are developed in her clinical practice as the small animal Rehabilitation Coordinator at Colorado State University Veterinary Teaching Hospital (CSUVTH). From her private practice, Canine Rehab Shop, All Things Rehab™ (previously Canine Fitness Zone), she brought a scalable and profitable rehabilitation business model to CSUVTH, that allows a one therapist/one tech team to treat more than 75 patients per week in disciplines ranging from acute Critical Care through elite Sports Medicine. Clinic productivity is enhanced through the use of customizable post-operative protocols, standard clinician treatment protocols, and flexible home exercise programs, all of which are available to certified rehabilitation professionals at [www.caninerehabshop.com](http://www.caninerehabshop.com). She is the author of many educational products including The Healthy Way to Stretch Your Dog, A Physical Therapy Approach, based on her patented stretching method, straight plane stabilized stretching for animals, and Canine Cross Training, Building Balance, Strength and Endurance in Your Dog and The Complete Canine Athletic Conditioning Program.

## ELLEN MARTENS

PT, MT, CCRT

Ellen Martens received her master's degree in physical therapy in Belgium in 2002. She worked with human patients for seven years while she trained in manual therapy, animal physiotherapy (the Netherlands) and animal osteopathy. Ellen worked with both humans until she founded Het Waterhof Animal Rehabilitation Center in 2009. Since then she has worked full-time with animals. Ellen is the founder and president of the Belgian Association for Certified Animal Physical Therapy and has been the physical therapist for the Belgian agility team since 2008. She teaches canine rehabilitation at the University of Ghent and lectures nationally and internationally. Ellen completed her certification at the Canine Rehabilitation Institute in 2009. Ellen is an instructor for The Canine Rehabilitation Therapist.

